

**Temperature influences growth, digestive system ontogeny and lipids deposition in the liver in gilthead seabream (*Sparus aurata*) larvae and juveniles**

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**Ethics approval statement**

The experimental protocol with the larval rearing was performed at the AQUALABS facilities of the Institute of Marine Biology, Biotechnology and Aquaculture (IMBBC) of the Hellenic Centre for Marine Research (HCMR), Heraklion, Crete, Greece, (Registration No EL91-BIObr-03 and EL91-BIOexp-04).

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## Abstract

32

*Sparus aurata* is one of the most important species in the Mediterranean region.

34 Temperature is considered the main factor affecting the ontogenetic rates of rearing fish.

We examined effects of temperature (16°C, 19°C, and 22°C) on growth (total length,

36 T.L.), ontogeny of the digestive system, and lipid deposition in the liver (area covered

with lipid vacuoles, ACLV%) from hatching to metamorphosis. Three groups were

38 analyzed, and larvae were collected daily until 15 days after hatching (dah) every two

days between 15-35 dah and every three days between 35-60 dah. The development of

40 the digestive system's was completed (stomach with gastric glands) at 33 (T.L.

9.55±0.147 mm, 726-degree days), 35 (T.L. 11.00±0.78 mm, 665-degree days), and 60

42 dah (T.L. 12.86±1.68 mm, 960-degree days) in the groups 22°C, 19°C, and 16°C,

respectively. Total length was higher in higher temperature groups from hatching until 15

44 dah. The 19°C and 22°C exhibited 1.5-two-fold higher growth than the 16°C group. The

ACVL percentages in the first phase were higher in the 16°C and 19°C groups on most

46 days. During the second phase, the 16°C group showed higher lipid accumulations.

Finally, in the third phase, there was variation among groups. In the fourth phase, the

48 22°C and 16°C groups showed higher liver lipid accumulations. The most appropriate

rearing temperature for seabream is 19°C, constituting a cost-effective protocol for larval

50 rearing. The effectiveness of the histological liver lipid analysis indicates an accurate

method to evaluate feeding conditions during seabream larval rearing, indicating critical

52 feeding periods with precision.

54 **Keywords:** Seabream; larvae; fish development; digestive tract; liver

## 56 **1. Introduction**

68 Gilthead Seabream (*Sparus aurata*) is a Sparidae species commonly found throughout  
the Mediterranean Sea and less frequently in the Black Sea and the Atlantic Ocean in  
the Great Britain Island to Cape Verde and around the Canary Islands (Basurco et al.,  
60 2011). This species is a protandrous hermaphrodite, euryhaline, sedentary, and mainly  
carnivorous fish that spawns in the winter and spring (December to April) (Cataudella et  
62 al., 1995; Zohar et al., 1995).

It is a high-value fishery product with a high commercial value (Yúfera et al., 1995).  
64 Combined with European seabass (*Dicentrarchus labrax*) production, it is now the most  
important aquaculture industry in the Mediterranean region and the second most  
66 important in the European Union (Llorente et al., 2020). Seabream has been produced at  
an industrial level since the 1080s, and its production has increased continuously,  
68 reaching almost 186.000 tons in 2016 (Llorente et al., 2020).

The production increases due to the control of some important steps in captivity, such as  
70 reproduction (Basurco et al., 2011), a feeding conversion rate between 1.5-2, some  
nutritional requirements (Lupatsch et al., 2003), and aspects of larval rearing and  
72 juvenile stages (Basurco et al., 2011). The larval rearing protocols must be improved to  
optimize seabream production in order to obtain better production performances  
74 (survival rates, homogenous growth, low cannibalism rate, and skeletal deformities).

Thus, it is essential to study exogenous and endogenous factors that affect all these  
76 parameters, and temperature is the main exogenous factor that affects larval rearing  
success; the latter exerts a remarkable effect on fish larvae development (Jobling, 1997).  
78 Temperature affects almost all physiological parameters during development, such as  
size at hatching, yolk resorption metabolism, growth, feeding rate, metamorphosis, and  
80 digestion and metabolic rates (Blaxter, 1988; Kamler, 2002), and different process

levels, such as chemical process (oxygen consumption), and ecological aspects  
82 (swimming speed) (Hochaka and Somero, 2001), in addition to aspects at organ and  
organism levels (Blaxter, 1991; Prakoso et al., 2019; Wendelaar Bonga, 1997).  
84 Shortening growth periods and cost-effective protocols are always on demand in a  
hatchery; temperature modulates these processes. In some cases, the temperature during  
86 hatchery may also have a long-term effect on fish growth (Lee et al., 2017), affecting  
growth and muscle fibers (Johnson and Andersen, 2008), flesh quality (Lee et al.,  
88 2017), and digestive system ontogeny (Kamler, 2002).

Previous works have evaluated rearing temperatures for seabream, and the best rearing  
90 conditions (hatching rate, low abnormalities, success from fertilization to mouth  
opening, and higher survival rates) were obtained within the range of 16 to 22°C (Polo  
92 et al., 1991). Also, some hatcheries in the Mediterranean region use borehole water for  
biosecurity reasons, since borehole water is sterile but stable at a constant temperature  
94 of around 19°C, therefore being cost-effective provided there is no need of heating or  
cooling the water during larval rearing.

96 It is well known that temperature affects the ontogenetic rhythms and the developmental  
status of fish larvae. Temperature is the primary factor affecting digestive system  
98 development (Kamler, 2002) and is directly related to digestion and metabolism  
(Hochaka and Somero, 2001; von Herbing, 2002). Detailed information regarding the  
100 ontogenetic development of the digestive tract and the digestive capability of organisms  
during the early life stages continues to be a key area for aquaculture-related research on  
102 fish larvae (Yúfera and Darias 2007; Papadakis et al., 2009; Rønnestad et al., 2013;  
Zadmajid et al., 2019; Papadakis et al., 2009).

104 Larvae undergo profound anatomical and physiological changes. However, this process  
does not end with the transition from the endogenous to exogenous feeding; rather, it

106 continues until the juvenile phase (Gisbert et al., 2008). During this process, other  
morphological and physiological alterations occur, such as musculature reorganization,  
108 gill and skeletal differentiation, stomach functionality with acid digestion, pyloric caeca  
development, and liver appropriate function and maturation (Gisbert et al., 2008;  
110 Papadakis et al., 2013; Sarasquete et al., 1995).

The liver plays a significant role in metabolism, working on glycogen and lipid  
112 metabolism and storage. The liver's morphology reveals the larvae's nutritional status,  
and it is an essential tool to evaluate the physiological condition, reflecting whether the  
114 diet is appropriate and/or whether there is any feed unbalance or food deprivation  
(Gisbert et al., 2008). The liver's morphological aspect accurately reflects the nutritional  
116 status, and these changes are observed in cell size, cell volume, hepatic glycogen, and  
lipid content in the hepatocyte (Gisbert et al., 2008; Papadakis et al., 2013).

118 The digestive system's ontogeny and hepatocyte morphology are similar among teleosts,  
but the timing of appearance is species-specific and considerable differences can be  
120 observed. Also, such a plasticity is influenced by environmental factors such as  
temperature (Kamler, 2002), and it may affect the ontogeny and morphology of organs  
122 such as the liver (Ibarz et al., 2007; 2010). Although effects of temperature on fish and  
seabream development have been evaluated before (Koumoundouros et al., 2001,  
124 Sarasquete et al., 1995; Tandler et al., 1989), studies linking temperature to digestive  
system ontogeny and the liver as a nutritional quality indicator are still scarce.

126 The present study aims to describe the effects of different temperatures on a) growth  
performance, b) ontogeny of the digestive system, and c) lipid deposition in the liver  
128 from hatching to metamorphosis. The different rearing temperatures were evaluated in  
terms of digestive system ontogeny linked to growth in order to provide insights about  
130 the appropriate rearing temperature that may reflect the best temperature regime for

larvae. This study thus describes a specific protocol to improve commercial seabream  
132 larval rearing aiming to increase its production.

## 134 2. Materials and Methods

### 2.1. Experimental design, larval rearing management, and sampling procedure

136 The experiment was conducted in the AQUALABS facilities of the Institute of Marine  
Biology, Biotechnology and Aquaculture (IMBBC) of the Hellenic Center for Marine  
138 Research (HCMR), Iraklion, Crete, Greece. Fifty thousand eggs were obtained from  
natural spawning at 18°C and stocked in 500-L tanks. The daily water renewal volume  
140 was initially 10% and increased to 100% at the end of the experiment.

Three experimental temperatures (16°C, 19°C, and 22°C) were analyzed in duplicate. A  
142 concentration of  $6.5 \pm 3 \times 10^5$  cells ml<sup>-1</sup> of phytoplankton of *Chlorella minutissima* was  
added daily. For larvae swim bladder inflation, a surface skimmer was installed in each  
144 tank to remove the lipids from the surface while the phytoplankton was provided.

Table 1 shows the feeding protocol performed during the larvae rearing procedure. The  
146 rotifers were enriched with DHA Protein Selco (INVE S.A., Belgium) and were added  
to the rearing tank four times a day. The rotifer density varied from 5 ind ml<sup>-1</sup> (first  
148 feeding) to 7 ind ml<sup>-1</sup>. The nauplii of *Artemia* was enriched with Easy DHA Selco (Easy  
SUPER Selco, INVE S.A., Belgium). The *Artemia nauplii* density was adjusted to 0.5  
150 ind ml<sup>-1</sup>. The transition to dry food (Proton, Alfa, INVE S.A., Belgium) started when  
the fish were approximately 15 mm T.L. The bottom of the tanks was daily cleaned by  
152 siphoning. A planktonic mesh was placed in the tank's outlet to collect and finally  
remove the excess rotifers from the rearing water (50 µm mesh size).

154 From day 0 (day 0 was the hatching day), the sampling of larvae (n=10) was performed  
daily until 15 dah, then every two days between 15 and 35 dah, and every three days

156 from 35 to 60 dah. The sampled larvae were anesthetized, measured in T.L., and  
preserved for histological analysis (Mcdowell and Trump, 1976).

158

## 2.2. Histological analysis

160 Larvae samples (n=4) were dehydrated in ethanol solutions at progressively  
concentrations from 70 to 96%. After dehydration, larvae were embedded in  
162 methacrylate resin (Technovit 7100<sup>®</sup>, Heraeus, Kulzer, Germany). Serial sections of 3  
 $\mu\text{m}$  were obtained with a microtome (RM2245, Leica, Germany). Sections were stained  
164 with methylene blue (Sigma, Germany)/Azure II (Sigma, Germany)/Basic Fuchsin  
(Poliscience, USA) following the protocol of Bennet et al. (1976). For the description of  
166 the digestive system and accessory glands ontogeny, all sections were examined under a  
compound optical microscope (Nikon, Eclipse 50i, 256 Japan) with a digital camera  
168 (Jenoptik progress C12 plus, Germany) mounted on top, which was used to examine  
and photograph the sections.

170

## 2.3. Digestive system ontogeny and area covered with lipid vacuoles in the liver

172 (ACLV%)

All larvae evaluated as for the digestive system ontogeny were also assessed for ACLV,  
174 according to the method of Papadakis et al. (2009, 2013). The ACLV was obtained after  
ten dah due to the significantly reduced size of the liver and for each sampling day.

176 Briefly, four larvae per group in each day of sampling were used for histology and six  
microphotographs per larva were obtained at 100X magnification from sections  
178 obtained from different areas of the liver. Photographs were transformed to grayscale in  
order to convert lipid vacuoles' color to white, and the area covered with lipid vacuoles  
180 (%) was calculated using an image analysis software (Image J, NIH, USA).

## 182 2.4. Statistical analysis

All values were expressed as mean  $\pm$  mean standard error ( $\bar{X} \pm MSE$ ). The samples  
184 were compared between the temperature regimes on the different days of development  
with one-way ANOVA. The differences were considered significant at  $P < 0.05$  (Holm-  
186 Sidak test). These analyses were performed using the statistical program Sigma Stat for  
Windows (Systat Software, San Jose, CA).

188

## 3. Results

### 190 3.1. Total length

The growth rate of seabream larvae under the different temperature treatments are  
192 described by the equations (16°C)  $TL = 3.1660e^{0.0217x}$  ( $R^2 = 0.9697$ ), (19°C)  $TL =$   
 $2.9227e^{0.0351x}$  ( $R^2 = 0.9875$ ), and (22°C)  $TL = 2.9945e^{0.0359x}$  ( $R^2 = 0.9867$ ).  
194 Temperature presented a slightly positive effect on growth in higher temperature groups  
from hatching until 15 dah (Figure 1). In the 16°C, 19°C and 22°C groups, the total  
196 length was  $4.20 \pm 0.45$  mm (240 degree days),  $4.88 \pm 0.37$  mm (285 degree days), and  
 $5.18 \pm 0.42$  mm (330 degree days), respectively. However, from 15 dah onwards,  
198 temperature showed a more prominent role in growth in higher temperature groups  
since the 19°C and 22°C groups presented a total length longer than larvae in the 16°C  
200 group. Higher temperature groups showed a similar growth trend between them and  
higher than the 16°C group. This pattern was observed until the end of the experiment,  
202 where the 19°C and 22°C groups showed a remarkable growth of 1.5-two-fold total  
length higher than the 16°C group at 60 dah.

204

### 3.2. Ontogeny of the digestive tract

206 The organs and structures of the digestive system appeared earlier in the group reared at  
22°C, followed by the group 19°C and lastly the group 16°C.

208 From hatching until 2 dah, the alimentary canal appeared in all groups as an  
undifferentiated straight and narrow tube dorsally positioned to the yolk sac (data not  
210 shown).

The mouth opening was observed at 2 dah (T.L.  $3.78 \pm 0.05$  mm, 44 degree days), 3 dah  
212 (T.L.  $3.69 \pm 0.13$  mm, 57 degree days), and 4 dah (T.L.  $3.73 \pm 0.13$  mm, 64 degree days)  
in response to temperature regimes at 22°C, 19°C, and 16°C (figure 3a). The yolk sac in  
214 all three groups occupied a large volume in the abdominal region with a single and  
circular lipid droplet positioned in the posterior region of the yolk sac (Figure 3a),  
216 where it is also possible to observe the syncytial layer (figure 3a). The taste buds (figure  
3b) also were observed in the group 22°C, 19°C, and 16°C at 10 dah (T.L.  $3.93 \pm 0.30$   
218 mm, 220 degree days), 13 dah (T.L.  $4.70 \pm 0.39$  mm, 247 degree days), and 16 dah (T.L.  
 $4.85 \pm 0.27$  mm, 256 degree days), respectively. After these days, they increased in  
220 number and size in all groups (data not shown). The pharyngeal teeth (figure 3b) were  
also observed from the highest temperature group to the lowest, similar as the taste  
222 buds, but at 9 dah (T.L.  $4.00 \pm 0.29$  mm, 198 degree days), 11 dah (T.L.  $4.26 \pm 0.20$  mm,  
209 degree days), and 16 dah (T.L.  $4.85 \pm 0.27$  mm, 256 degree days), respectively.

224 At the beginning of the esophagus, the characteristic was a lamellar epithelium with a  
small lumen inside it, with irregular cells in the border part covered by a thin muscular  
226 layer (data not shown). After that, the main structures started to differentiate on the  
second day after hatching, but the esophagus folds (figure 3c) and goblet cells (figure  
228 3c) were observed in the 22°C, 19°C, and 16°C groups at 10 dah (T.L.  $3.93 \pm 0.30$  mm,  
220 degree days), 16 dah (T.L.  $5.38 \pm 0.12$  mm, 304 degree days), and 23 dah (T.L.  
230  $4.87 \pm 0.34$  mm, 368 degree days), 10 dah (T.L.  $3.93 \pm 0.30$  mm, 220 degree days), 13 dah

(T.L.  $4.70 \pm 0.39$  mm, 247 degree days), and 23 dah (T.L.  $4.87 \pm 0.34$  mm, 368 degree  
232 days), respectively. They increased progressively in size and number after that (data not  
shown).

234 Stomach compartmentalization was observed first in the group  $19^{\circ}\text{C}$  and after in the  
 $22^{\circ}\text{C}$  and  $16^{\circ}\text{C}$  groups, when the cardiac sphincter (figure 3d) appeared at 4 dah (T.L.  
236  $3.70 \pm 0.22$  mm, 76 degree days), 5 dah (T.L.  $3.71 \pm 0.08$  mm, 110 degree days), and 8  
dah (T.L.  $3.70 \pm 0.28$  mm, 128 degree days), respectively. Thereafter, the pyloric  
238 sphincter (figure 3d) appeared at 4 dah (T.L.  $3.70 \pm 0.22$  mm, 76 degree days), 5 dah  
(T.L.  $3.71 \pm 0.08$  mm, 110 degree days), and 9 dah (T.L.  $3.54 \pm 0.21$  mm, 144 degree  
240 days), respectively. At the same period, there was a differentiation between the midgut  
and the foregut (figure 3e). The gastric glands (figure 3F) were observed at 33 dah (T.L.  
242  $9.55 \pm 0.147$  mm, 726 degree days), 35 dah (T.L.  $11.00 \pm 0.78$  mm, 665 degree days), and  
60 dah (T.L.  $12.86 \pm 1.68$  mm, 960 degree days) in the groups  $22^{\circ}\text{C}$ ,  $19^{\circ}\text{C}$ , and  $16^{\circ}\text{C}$ ,  
244 respectively.

At 1 dah, the intestine was a straight tube dorsally positioned to the yolk sac and  
246 undifferentiated between the anterior and posterior part. However, following  
development and yolk sac resorption, it changed in shape and structure (data not  
248 shown). The differentiation of the intestine started at 2 dah (T.L.  $3.78 \pm 0.05$  mm, 44  
degree days) when the ileorectal valve appeared (figure 3g) in the group  $22^{\circ}\text{C}$ .  
250 Thereafter, at 3 dah (T.L.  $3.69 \pm 0.13$  mm, 57 degree days) and 4 dah (T.L.  $3.73 \pm 0.13$   
mm, 64 degree days), it appeared in the  $19^{\circ}\text{C}$  and  $16^{\circ}\text{C}$  groups, respectively. The  
252 ileorectal valve appeared on the same day as the anus opening for all groups (data not  
shown). The goblet cells in the hindgut were observed at 17 dah (T.L.  $5.63 \pm 0.39$  mm,  
254 374 degree days), 22 dah (T.L.  $6.55 \pm 0.53$  mm, 418 degree days), and 32 dah (T.L.  
 $5.85 \pm 0.47$  mm, 512 degree days) in the  $22^{\circ}\text{C}$ ,  $19^{\circ}\text{C}$ , and  $16^{\circ}\text{C}$  groups, respectively.

256 Thereafter, they increased in number and size (data not shown). The goblet cells in the  
midgut (figure 3h) were observed at 10 dah (T.L.  $3.93\pm 0.30$  mm, 220 degree days), 19  
258 dah (T.L.  $5.83\pm 0.43$  mm, 361 degree days), and 39 dah (T.L.  $7.92\pm 0.54$  mm, 624 degree  
days) in the groups 22°C, 19°C, and 16°C. Thereafter, it increased in size and number in  
260 all groups (data not shown). The supranuclear bodies in the midgut were first observed  
at 5 dah (T.L.  $3.71\pm 0.08$  mm, 110 degree days) in the 22°C group, at 5 dah (T.L.  
262  $3.63\pm 0.21$  mm, 95 degree days) in the 19°C group, and at 8 dah (T.L.  $3.70\pm 0.28$  mm,  
128 degree days) in the 16°C group.

264 The liver and pancreas are present since birth, but they were not detectable on the first  
day of development, and both were observed histologically at 2 dah (T.L.  $3.78\pm 0.05$   
266 mm, 44 degree days) in the 22°C group, at 3 dah in the 19°C group (T.L.  $3.69\pm 0.13$   
mm, 57 degree days), and 3 dah in the 16°C group (T.L.  $3.96\pm 0.09$  mm, 48 degree days)  
268 (figure 3d, e, g).

### 270 **3.3. Ontogeny of the digestive system linked to fish size**

The ontogeny of the digestive system associated with total fish length revealed that  
272 most of the digestive system structures appeared in all groups when the fish presented a  
similar total length. However, the goblet cells in midgut and hindgut in the 22°C (T.L.  
274  $3.93\pm 0.30$  mm) and 19°C (T.L.  $5.83\pm 0.43$  mm) groups were different from those of the  
16°C (T.L.  $7.92\pm 0.54$  mm) group ( $P<0.05$ ) (figure 4).

276

### **3.4. Area covered with lipids vacuoles in the liver (ACLV%)**

278 The liver's ACLV evolution was characterized in four different periods identified by the  
lipids pattern during the development days (figure 5). In the first period (from 8 to 16  
280 dah), the ACLV in groups 16°C and 19°C at 10 dah was significantly higher than the

values for the 22°C group ( $P=0.001$ ). At 11 dah, the 22°C group showed an increase in  
282 ACLV, the 19°C group showed a decrease, and the 16°C group was almost at the same  
level, but they were all different among themselves ( $P=0.001$ ). At 13 dah, the 22°C  
284 group was different from the 16°C group ( $P=0.001$ ), but both were similar to the 19°C  
group; at 16 dah, the 16°C and 22°C groups showed an increase in ACLV percentages,  
286 reaching the same percentage as the 19°C group did. On this day, all groups presented  
similar ACLV percentages ( $P=0.900$ ). On the second period (from 19 to 35 dah), at 19  
288 dah, the 19°C group demonstrated an increase in ACLV percentage significantly  
different from the other groups ( $P=0.001$ ). From 23 dah until 35 dah, the 16°C group  
290 presented significantly higher levels than the 22°C and 19°C groups did, but the ACLV  
levels of all groups showed fluctuating percentages (at 23, 25, 32 and 35,  $P=0.001$ , but  
292 at 35 dah,  $P=0.0007$ ). On the third period (from 39 to 45 dah), at 39 dah, the 16°C  
group's ACLV levels decreased dramatically, but were still significantly higher than  
294 those of the 19°C and 22°C groups ( $P=0.001$ ). At 41 dah, the 22°C group showed a  
significant increase, reaching the maximum ACLV levels of this group ( $P=0.001$ ). At 45  
296 dah, the 22°C group showed a significant decrease, and all groups were different  
( $P=0.001$ ), with the group 16°C presenting higher percentages and the group 22°C  
298 presenting lower ACLV percentages. On the fourth period (47 to 60 dah), at 47 dah, the  
groups 16°C and 19°C showed similar ACLV levels but higher than those of the 22°C  
300 group ( $P=0.001$ ). At 54 dah, the 22°C group showed another significant increase in  
ACLV percentages with higher percentages than those of the 16°C and 19°C groups  
302 ( $P=0.036$ ). Finally, at 60 dah, the 22°C and 19°C groups showed significantly higher  
ACLV percentages than those of the 16°C group ( $P=0.008$ ).

304

#### 4. Discussion

306 The present study evaluated three different temperatures during seabream larval rearing  
and its effects on growth, digestive system's ontogeny, and lipid deposition in the liver  
308 during the first 60 dah.

Temperature played an essential role in seabream growth, digestive tract ontogeny, and  
310 lipid deposition in the liver, which directly affected all evaluated parameters. The  
growth performance was higher in the 19°C and 22°C groups and almost all digestive  
312 tract organs appeared first in the 22°C group and later on the 19°C and 16°C groups,  
respectively. However, the two higher temperature groups (22°C and 19°C) showed a  
314 similar development. Seabream growth was slightly higher in higher temperatures  
groups than in the lower temperature group from hatching until 15 dah, a fact that  
316 occurred for different Sparidae species when exposed to higher temperatures during the  
larval phase, such as the Australian snapper *Pagrus auratus* (Fielder et al., 2005) and  
318 the blackspot seabream *Pagellus bogaraveo* (Silva et al., 2011).

From 15 to 60 dah, the 19°C and 22°C groups showed similar total lengths, with 1.5-  
320 two-fold longer sizes than the 16°C group. Previous studies showed that when reared at  
19°C seabream showed a better development from hatching onwards and a better  
322 growth compared within a range of temperatures (12-30°C) (Polo et al., 1991). Another  
work observed a similar growth rate and almost the same fish size at 16 dah, with an  
324 average of about 5.7 mm at a 18°C rearing temperature (Russo et al., 2007). After 15  
dah, the temperature was determinant in increasing the fish growth in the groups 19°C  
326 and 22°C.

The ontogenetic development of the digestive system of seabream was similar as those  
328 of other marine fish species, such as dusky grouper (*Epinephelus marginatus*) (Mello et  
al., 2018), sharpsnout seabream (*Diplodus puntazzo*) (Micale and Muglia, 2011), white  
330 seabream (*Diplodus sargus*) (Ortiz-Delgado et al., 2003), and seabream (*Sparus aurata*)

(Sarasquete et al., 1995). Compared to other commercial marine fish, seabream can be  
332 considered a species with a slow digestive system development. From the ontogenetical  
point of view, the gastric glands, which mark the functional stomach (Stroband and  
334 Kroon, 1981), can be considered a criterion to differentiate larvae from juveniles  
(Sarasquete et al., 1995; Tanaka, 1971). In species that are considered to have slow  
336 growth, the gastric glands had a delayed development. For example, they were observed  
around 36 dah in yellowtail flounder (*Pleuronectes ferruginea*) (8-10°C rearing  
338 temperature) (Baglolle et al., 1997), 30 dah in sharpsnout seabream (*Diplodus puntazzo*)  
28 dah in common pandora (*Pagellus erythrinus*) (19-21.5°C rearing temperature)  
340 (Micale and Muglia, 2011), on 60 dah in seabream (18-19°C rearing temperature) (Elbal  
et al., 2004). Another study with seabream also which did not observe gastric glands  
342 until 30 dah (19.5°C rearing temperature) (Sarasquete et al., 1995). In the present study,  
the gastric glands were observed at 33 dah in the 22°C group, which was the group with  
344 a faster digestive system development. On the other hand, in fast-growing species, the  
gastric glands can be observed much earlier, for example, at 9-10 dah in cobia  
346 (*Rachycentron canadum*) (25.9°C rearing temperature) (Faulk et al., 2007), 15 dah in  
meagre (*Argyrosomus regius*) (19-23°C rearing temperature) (Papadakis et al., 2013),  
348 11 dah in Pacific Bluefin tuna (*Thunnus thynnus*) (25°C rearing temperature) (Kaji et  
al., 1996), and 15 dah in yellowtail kingfish (*Seriola lalandi*) (24°C rearing  
350 temperature) (Chen et al., 2006).

Besides all differences among treatments during the ontogeny of the digestive system,  
352 when correlated to fish size only the goblet cells in the midgut showed significant  
differences in which the highest temperature group (22°C) was significantly different  
354 from the lower temperature groups (19 and 16°C). These cells secrete a very diverse  
group of mucosubstances (MS) from neutral to acid characteristics in the digestive tract,

356 and it can act as a morphological adaptation to replace functional stomach, such as in a  
gastric fish (Jaroszewska et al., 2008). Also, this MS plays an important role in the  
358 absorption process and transport of macromolecules (Zambonino et al., 2008). Neutral  
MS are related to enzymatic digestion and absorption of small substances, and acid MS  
360 can act as a lubricant and improve/facilitate ingestion (Gisbert et al., 2004; Micale et al.,  
2008). Besides that, the goblet cells in the midgut help the displacement of food  
362 particles and protect intestinal mucosa from injuries, such as mechanical injuries  
(Zambonino et al., 2008). Therefore, the presence of these cells can show an  
364 improvement in effectiveness of the digestive capacity of seabream larvae in fish with  
smaller sizes, showing an adjustment of the fish intestinal morphology for improving  
366 digestion process and consequently improving feed assimilation.

Temperature showed an effect during the endogenous feeding phase. The 22°C group  
368 was ready to capture preys and start its exogenous feeding life at 2 dah, followed by the  
19°C group at 3 dah, a result that was also observed in previous work with seabream at  
370 the same temperature (Sarasquete et al., 1995). For sharpsnout seabream (*Diplodus  
puntazzo*) (Micale et al., 2008), the value was the same as for the 16°C group, when  
372 larvae were ready to feed exogenously at 4 dah. The lower temperature regimes delayed  
the appearance of pharyngeal teeth, esophagus folds, and goblet cells, which are the  
374 structures that affect the ability of causing the first mechanical damage to the food and  
of swallowing. Pharyngeal teeth appeared later compared to meagre (*Argyrosomus  
regius*), for example, when it was observed at 6 dah (Papadakis et al., 2013), in common  
376 dentex (*Dentex dentex*) at 7 dah (Santamaria et al., 2004) and yellowtail kingfish  
378 (*Seriola lalandi*) at 8 dah (Chen et al., 2006). In dusky grouper (*Epinephelus  
marginatus*), which is considered a very slow-growing species, this structure appeared  
380 only at 17 dah (Mello et al., 2018), such as happened in the 16°C group.

The esophagus structures, such as goblet cells that act in the mucus secretion, which  
382 protects against food abrasion (Gisbert et al., 1999) and facilitates food ingestion (Abol-  
Munafi et al., 2006), and longitudinal folds, which distend and expand for food  
384 ingestion, appeared very late in the development of sea bream. In fast growth  
developing species such as meagre (*Argyrosomus regius*), goblet cells and longitudinal  
386 folds were observed at 5 and 3 dah (Papadakis et al., 2013); for sharpsnout seabream  
(*Diplodus puntazzo*), both structures appeared at 5 dah (Micale et al., 2008; Micale and  
388 Muglia, 2011); in common pandora (*Pagellus erythrinus*), at 20 dah (Micale and  
Muglia, 2011). In dusky grouper (*Epinephelus marginatus*), a slow-developing species,  
390 both structures appeared at 11 and 13 dah (Mello et al., 2018). The appearance of  
longitudinal folds in similar periods can be related to the ability for enlargement that  
392 may aid in the transition of food particles to the subsequent sections of the digestive  
system (Diaz et al., 2008). The appearance of longitudinal folds in haddock  
394 (*Melanogrammus aeglefinus*) has been associated with the initiation of the exotrophic  
feeding phase (Hamlin et al., 2000).

396 Regarding the taste buds, which provide the fish with the sense of taste, temperature  
affect prey selection. Compared to other produced marine fish, such as meagre  
398 (*Argyrosomus regius*), this structure appeared at 3 dah (Papadakis et al., 2013), at 8 dah  
in shi drum (*Umbrina cirrosa*) (Zaiss et al., 2006), at 11 dah in sharpsnout seabream  
400 (*Diplodus puntazzo*) (Micale et al., 2008, Micale and Muglia, 2011), at 11 dah in  
common pandora (*Pagellus erythrinus*), at 14 dah in common dentex (*Dentex dentex*),  
402 and at 14 dah dusky grouper (*Epinephelus marginatus*) (Mello et al., 2018).

The digestive tract's compartmentalization segments the digestive tract into foregut,  
404 midgut, and hindgut, which functionally is divided into bucco-pharynx, esophagus,  
stomach, intestine, and anus (Ronnestad et al., 2013). Cardiac and pyloric sphincter,

406 which delimits the stomach from the esophagus and gut, provides the stomach with  
epithelium conditions to differentiate them morphologically. Gastric glands start to  
408 develop and acid digestion begins, being this the last step of gut differentiation, which  
allows digestion of inert diets, for example (Mitra et al., 2015). The ileorectal valve also  
410 separates the terminal part of the gut. Therefore, all these structures improve the  
digestive tract's enzymatic activity by providing an adequate environment for digestion.  
412 Previous studies have shown that gastric glands appeared in seabream larvae reared at  
19°C with total length of larvae between 15-20 mm at 60 dah (Elbal et al., 2004). In the  
414 present study, larvae showed gastric glands when reared at 22°C with  $9.5\pm 1.4$  mm at 33  
dah; when reared at 19°C, they appeared with  $11.0\pm 0.7$  mm at 35 dah; finally, when fish  
416 were reared at 16°C, they appeared with  $12.8\pm 1.6$  mm at 60 dah.

Accessory organs as the liver, which are present since birth, play an essential role in  
418 larvae development, not only in the bile production but also in the metabolic function  
since this organ starts to store glycogen (Hoehne-Reitan and Kjorsvik, 2004) and lipids  
420 (Gisbert et al., 2008; Papadakis et al., 2013) in a species-specific time sequence  
(Ronnestad et al., 2013). Also, the morphological pattern of the liver, such as lipid  
422 vacuolization, is directly affected by feeding management and in seabream larvae. The  
feeding protocol has a direct effect on liver lipid accumulation. Moreover, the liver  
424 morphological analysis can accurately reveal any dietary imbalances since this can be  
easily observed in the lipid deposition of hepatocytes (Gisbert et al., 2008).

426 The liver area covered with lipid vacuoles was affected by the feeding protocol and  
temperature since temperature affected fish size. Fish size is related to the type and the  
428 amount of food that a bigger or a smaller fish can consume. In response to low  
temperatures, seabream juveniles can mobilize lipid from different tissues, such as  
430 mesenteric and white muscle, to the liver (Melis et al., 2016); apparently, from 9 dah,

there is a lipid deposition in lower temperature groups (16°C and 19°C) (3.5±0.2 mm  
432 and 3.9±0.6 mm, respectively) than in the highest temperature group (22°C) (4.0±0.2  
mm). This deposition lasts until 16 dah, when groups presented a similar ACLV. All  
434 groups ingested only rotifers until 11 dah, but on the 12 dah, the group 22°C  
(4.4±0.3mm) started to ingest *Artemia nauplii* and at 13 dah, the group 19°C  
436 (4.7±0.3mm) started the transition to *Artemia nauplii*. Therefore, this increase in the  
ACLV in both groups until 16 dah occurs due to the higher lipid content of the enriched  
438 *Artemia nauplii*, as observed for meagre (*Argyrosomus regius*) (Papadakis et al., 2013)  
and grey mullet (*Mugil cephalus*) (Loi et al., 2020). This was also observed for sea  
440 horse (*Hipocampus guttatus*) fed on enriched artemia accumulated lipids in the liver at  
higher rates than those fed on copepods (Randazzo et al., 2018). The 16°C group  
442 showed high ACLV lipids due to temperature; however, from 10 dah (3.8±0.2 mm)  
onwards, this group showed a constant decrease of ACLV until 19 dah (4.6±0.3 mm),  
444 possibly due to the low lipid content of rotifers in comparison to the enriched *Artemia*  
*nauplii*. Besides a slight effect of temperature on growth between groups during the first  
446 15 dah, temperature affected the 16°C group that started the transition to *Artemia*  
*nauplii* at 16 dah (4.2±0.8 mm). The effect of enriched *Artemia nauplii* is observed from  
448 19 dah onwards, as observed for the sea horse *H. guttatus* (Randazzo et al., 2018) due to  
the higher energetic supply of enriched *Artemia*, which in turn increased the ACLV  
450 levels up to 50% at 35 dah (the highest percentage in this group), values more than two-  
fold higher than those of the 19°C and 22°C groups. Around 13 dah, the group 19°C  
452 (4.8±0.3 mm) started the transition to ingest *Artemia nauplii* and an ACLV increase  
until 19 dah (5.8±0.4 mm) was observed probably due to the high energy demand from  
454 *Artemia nauplii* as observed for meagre (*Argyrosomus regius*) (Papadakis et al., 2013),  
grey mullet (*Mugil cephalus*) (Loi et al., 2020), and the sea horse *H. guttatus* (Randazzo

456 et al., 2018). This result is significant for enrichment with rotifers and *Artemia* nauplii  
and adequacy with the rearing temperature for seabream larvae to provide balanced  
458 amounts of lipids that will directly affect fish development (Lubzens et al., 2001) and  
liver lipid deposition.

460 Even though larvae consumed enriched *Artemia* nauplii from 19 dah to 39 dah, the  
ACLV decreased probably due to the higher metabolic rates shown by higher  
462 temperatures groups, which decreased the lipid content in the liver.

The group reared at 16°C reached the higher values of ACLV at 35 dah (5.9±0.5 mm).  
464 However, after this day and until 39 dah (7.9±0.5 mm), there was a dramatic decrease,  
followed by a slight reduction of ACLV percentages maintenance around 20% until 54  
466 dah (11.0±1.1 mm). This prolonged effect of low temperature can be related to a lower  
feed intake or a fasting period, which could accelerate lipid liver metabolism (Ibarz et  
468 al., 2005; 2007). This was also observed in seabream juveniles exposed to prolonged  
low temperatures and fasting, which showed low somatic liver indexes and total liver  
470 weight and metabolized the liver lipids polar fraction under prolonged low temperatures  
(Ibarz et al., 2007). Around 45 dah (8.6±0.7 mm), this group started the weaning phase,  
472 considered critical (Hamlin et al., 2000). Even with this important transitional period,  
this group showed a slight increase in ACLV from 54 (11.0±1.1 mm) to 60 dah  
474 (12.8±1.6 mm), responding positively, ingesting a higher amount of inert food, and  
consequently, accumulating energy in the liver.

476 The weaning phase started at 35 dah in the groups 22°C (10.5±1.5 mm) and 19°C  
(11.8±0.7 mm). It is possible to observe an effect of the inert diet's ingestion in both  
478 groups. From 39 to 41 dah, the group 22°C (12.2±1.6 mm and 15.6±1.5 mm) showed a  
surprising increase in ACLV. Therefore, the inert diet ingestion provided energy supply  
480 and accumulation of lipids in the liver. At 45 (17.2±2.2 mm) and 47 dah (17.0±2.7 mm),

this group presented a drastic decrease in ACLV. Possibly, this is due to the transition  
482 between inert food pellets' size because fish can take a few days to accept feed and  
succeed in the transition. After the transition and fish adequately fed again, it is possible  
484 to observe an increase at 54 dah ( $24.2\pm 3.6$  mm) while keeping ACLV percentage levels  
at 60 dah, showing the importance of a correct feed management during the weaning  
486 phase. The 19°C group also showed an increase in the ACLV from 39 ( $13.0\pm 1.2$  mm) to  
45 dah ( $16.0\pm 1.4$  mm), which can be explained by the high energy demand of inert  
488 food, which also provided high levels of energy and finally increased the lipid  
accumulation in the liver. These high levels were followed by a decrease in ACLV from  
490 45 ( $16.0\pm 1.4$  mm) to 54 dah ( $18.0\pm 1.5$  mm), possibly the same as happened with the  
22°C group, in which fish showed a low ingestion of food due to pellet size transition.  
492 This period was followed by an increase at 60 dah ( $19.8\pm 1.3$  mm), when this group  
showed almost the same ACLV as the 22°C group. This adequate feeding management  
494 must be perfectly adjusted since it is a key factor for aquaculture practices, first because  
it is a period with the highest cost and labor demand and secondly because it is  
496 imperative to avoid starvation periods, which consequently lead to malnourishment and  
affect larvae metabolism, negatively affecting the success of the weaning phase.

498

## 5. Conclusions

500 The present study indicates effects of high temperature on the seabream ontogenetic  
rates of the digestive system and the lipid deposition on the liver. The best rearing  
502 temperature for seabream larval rearing during the first 60 dah is 19°C since growth  
performance is very similar that of the 22°C group. The higher ontogenetical rates of the  
504 digestive system at 19°C in comparison to 16°C offers the larvae's digestive system the  
ability to quickly prepare, capture, digest, and assimilate feeds that are included in the

506 feeding rearing protocol. Additionally, as the rearing temperature of 19°C is in most  
cases used in hatcheries when sea bream broodstock lays eggs, it is not necessary to  
508 heat or cool the water during the larval rearing period. This would be a costly and non-  
energy-effective protocol for seabream larval rearing. This study also shows that liver  
510 lipid analysis is an accurate method for evaluating feeding conditions during fish  
development, indicating fast and detailed critical periods during the larval rearing  
512 procedure.

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726 **Tables and Figure captions**

728 **Table 1.** Feeding management for Gilthead seabream (*Sparus aurata*) larvae during larval rearing in relation to its size.

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**Figure 1.** Total length (mm) (mean  $\pm$  SD) of Gilthead seabream (*Sparus aurata*) larvae during larval rearing in different temperature regimes in relation to time (days after hatching). 16°C is represented by the white round dots, 19°C is represented by the grey round dots and 22°C is represented by the black round dots.

736 **Figure 2.** Schematic representation of the appearance (circles) of the main developmental structures examined in Gilthead seabream (*Sparus aurata*) larvae in the three different temperature treatments, 16°C is the white round dot and dotted black line, 19°C is represented by the grey round dot and grey line and 22°C is the black round dot with the black line. They are represented per days after hatching (dah, horizontal axis) and the digestive tract structures appearance (vertical axis).

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**Figure 3.** Microphotographs of histological sections of Gilthead seabream (*Sparus aurata*) larvae from group 22°C at different developmental stages. A. Larvae at 2dah showing mouth opening and different structures during mixotrophic phase evidencing yolk sac resorption (bar represent 200 $\mu$ m) with the syncytial layer (insert - bar represent 50 $\mu$ m). B. Larvae at 3dah showing structures for capturing preys and gustative organs (bar represent 100 $\mu$ m). C. Larvae at 45dah showing advanced development of esophagus and buccopharynx (bar represent 200 $\mu$ m). D. Larvae at 3dah showing beginning of compartmentalization of digestive system (bar represent 100 $\mu$ m). E. Larvae 3dah showing the beginning of absorptive capacity (bar represent 200 $\mu$ m) evidenced by the presence of supranuclear vacuoles (Insert - bar represent 50 $\mu$ m). F. Larvae at 45dah showing advanced development of the stomach with gastric glands and ingested food (bar represent 500 $\mu$ m). G. Larvae at 2dah showing ileo-rectal valve and different digestive structures (bar represent 200 $\mu$ m). H. Larvae at 10dah showing goblet cel in the midgut (bar represent 50 $\mu$ m) (Insert – bar represent 20  $\mu$ m). BC = buccopharynx, CS = cardiac sphincter, EF = Esophagus, EY = Eye, FG = fore gut, Fd=Food, GC= goblet cells, GG = gastric glands, L = liver, MG = median intestine, PS = pyloric sphincter, PA = pancreas, SV = supranuclear vacuoles, TB = taste buds, PT = pharyngeal teeth; Br=brain, CS=cardiac sphincter, Es=esophagus, Es F=longitudinal fold at esophagus, FG= fore gut, GA=gill arch, H=heart, IV=ileo-rectal valve, GG=gastric glands, GC=goblet cells, MG=anterior–median intestine, MO=Mouth open, LD=Lipid droplet, PT=pharyngeal teeth, PS=pyloric sphincter, PA=pancreas, P end=endocrine pancreas, St=stomach,

764 SynL=syncytial layer, SB=swim bladder, YS=yolk sac. The black bars represent xxxx  
mm

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**Figure 4.** Gilthead seabream (*Sparus aurata*) larvae size between different temperature regimes and main organs and structures appearance during ontogeny of digestive tract. Lower case letters above the bars means significant differences between temperatures regimes.

772 **Figure 5.** Mean ( $\pm$ SD) Area Covered by Lipid Vacuoles (ACLV, %) in the liver of  
Gilthead seabream (*Sparus aurata*) larvae at different temperature regimes during larval  
774 rearing. Braces below the graph indicate the four periods with changes in ACLV. Lower  
case letters aside the lines mean significant differences between temperatures regimes at  
776 the same day after hatching.

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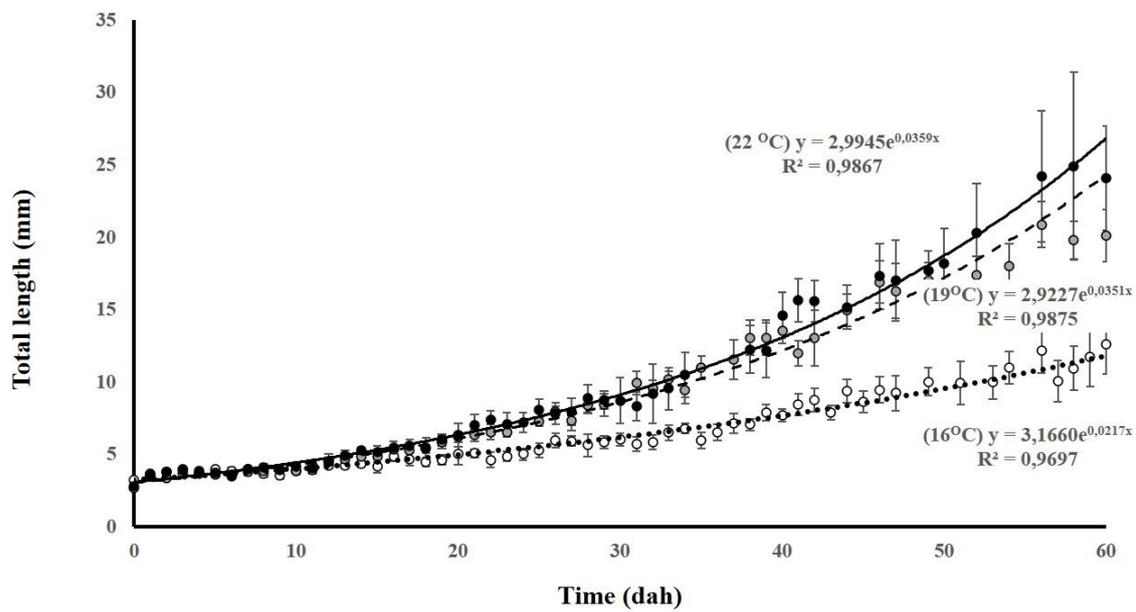
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Figures

2 Figure 1



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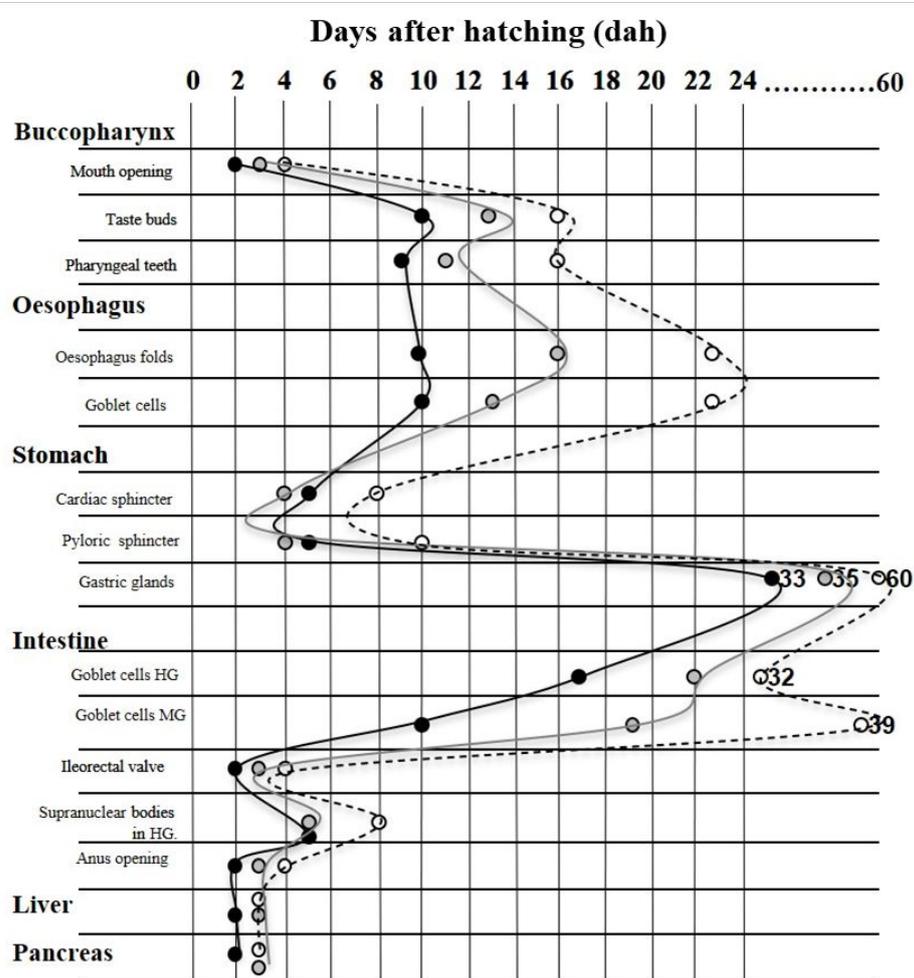
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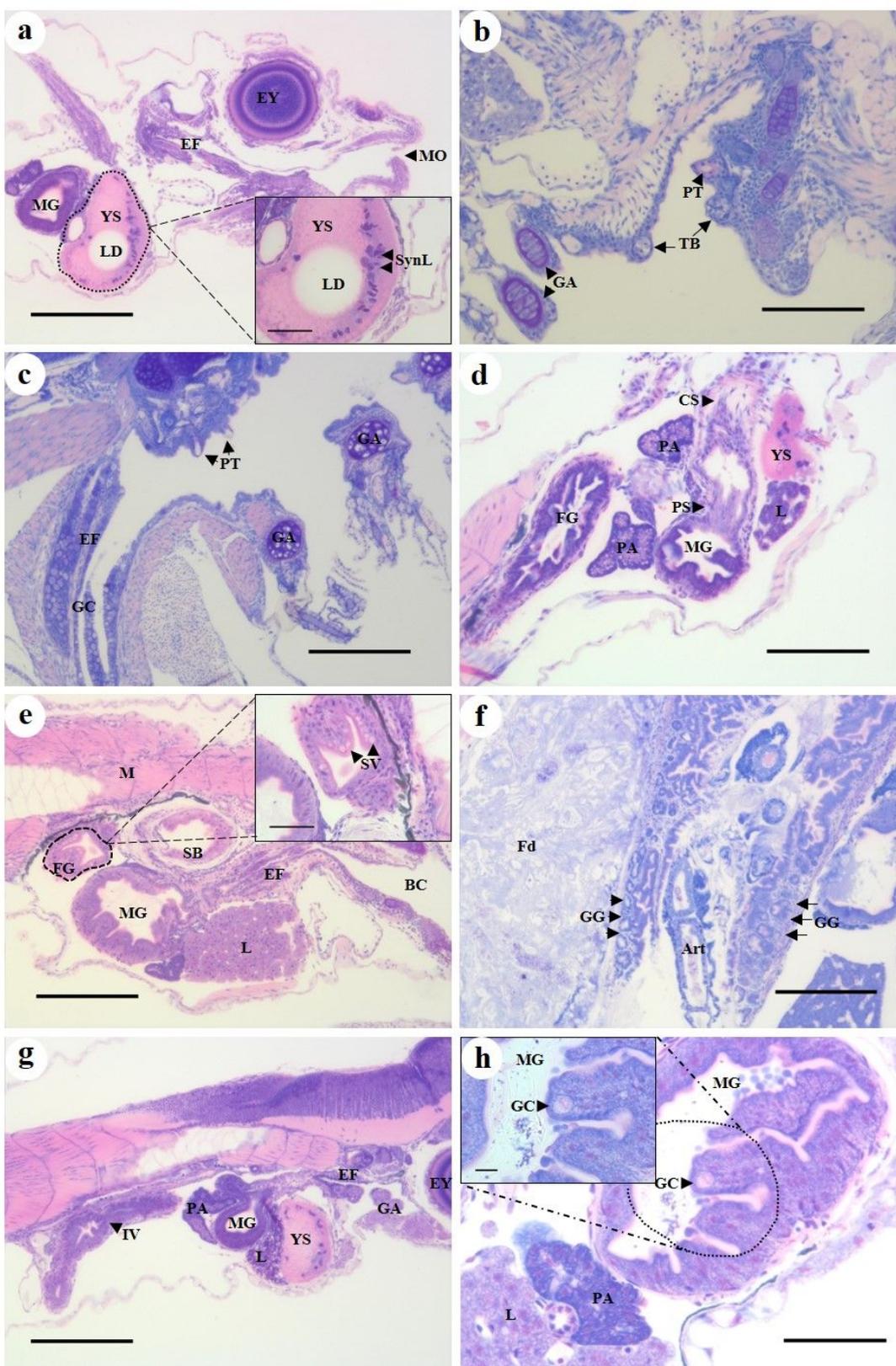
20 **Figure 2**



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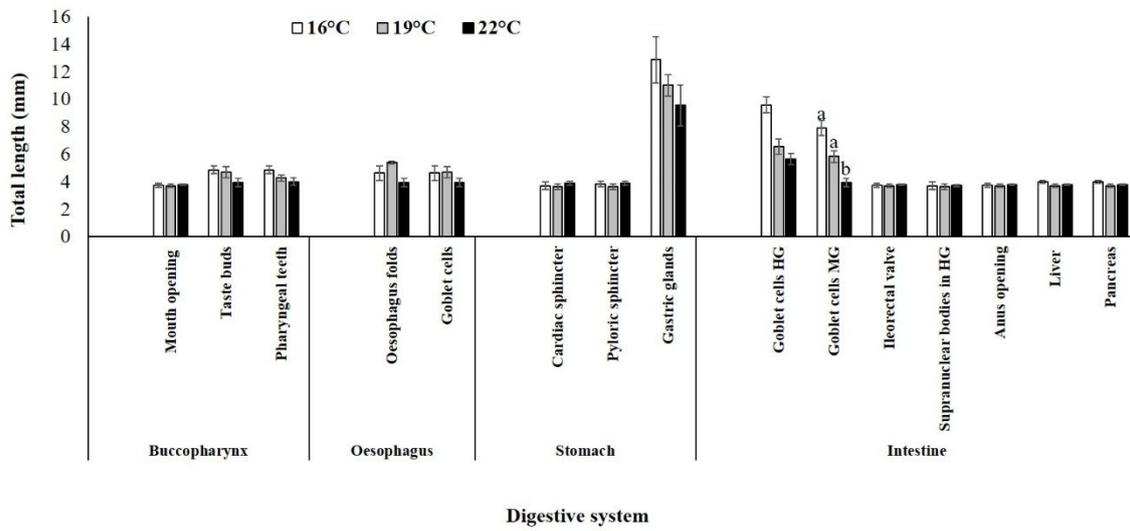
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26 **Figure 3**



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30 **Figure 4**



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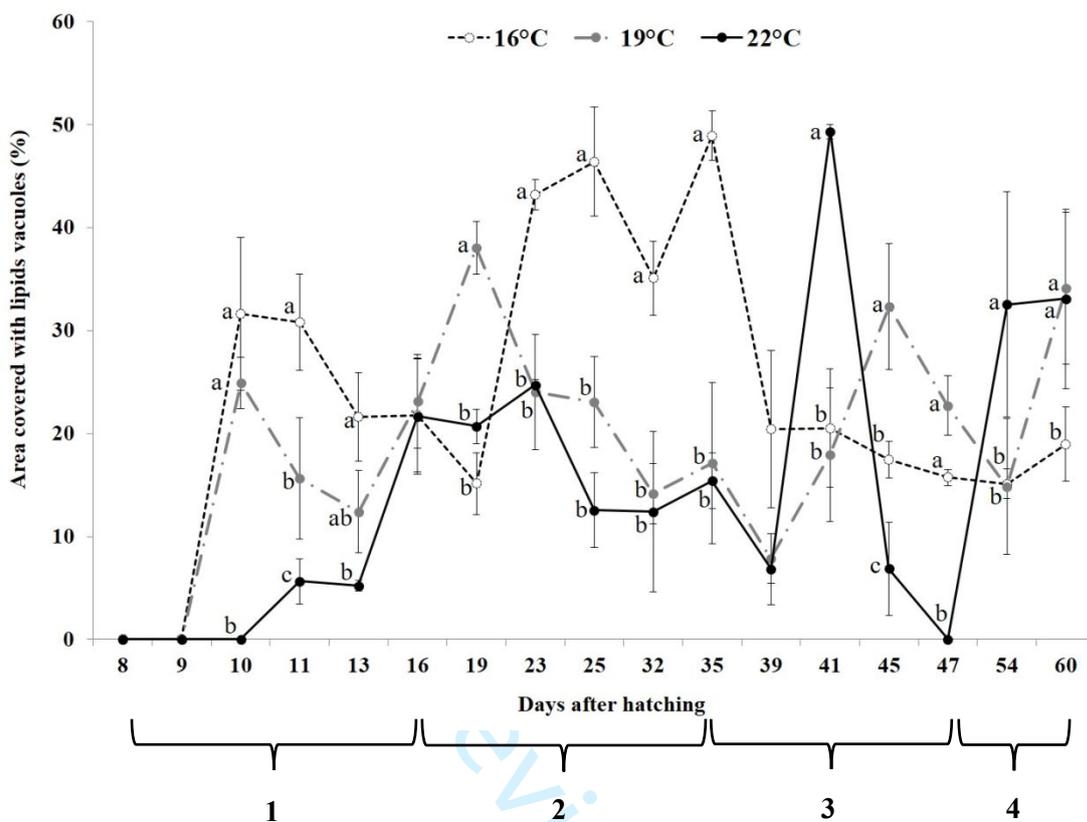
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50 **Figure 5**



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## Tables

**Table 1**

		Total length of larvae (mm)	3 - 5	5 - 12	12-15	15-30
Feeds	Phytoplankton					
	Rotifers					
	Artemia enriched					
	Artificial food					